



## Club Development Center (CDC U4 to U8)

Start of the activities : U4 to U7 - June 12 U8 - June 18

End of the activities : September 2021



Category / Sexe	Year of birth	Program offerings	Day of the week	Time	Place	Cost	Number of weeks
U4 M & F	2017	1 x week	Saturday	9h à 10h	Rosanne Laflamme	180\$	12 weeks
U5 M & F	2016	2 x week	Saturday Tuesday	9h à 10h 6h30 pm	Rosanne Laflamme Field to be determined	210\$	12 weeks
U6 M & F	2015	2 x week	Saturday Wednesday	10h à 11h 6h30 pm	Rosanne Laflamme Field to be determined	225\$	12 weeks
U7 F	2014	2 x week	Saturday Monday	10h à 11h 6h30	Rosanne Laflamme Field to be determined	225\$	12 weeks
U7 M	2014	2 x week	Saturday Thursday	10h à 11h 6h30 pm	Rosanne Laflamme Field to be determined	225\$	12 weeks
U8 M & F	2013	CDC 1	Friday Monday	6 pm 6:30 pm	Rosanne Laflamme Field to be determined	255\$	12 weeks (24 activities)
		CDC 2	Friday Wednesday Monday	6 pm 6:30 pm	Rosanne Laflamme Field to be determined	365\$	20 weeks (52 activities)

## OBJECTIVES U4 to U8

<b>TECHNICAL</b>	Introduction to basic technical skills (passing, driving, shooting, dribbling)
<b>TACTICAL</b>	NO tactics are taught in these age categories
<b>PHYSICAL</b>	Provide an environment to develop their physical literacy
<b>SOCIAL</b>	Give children confidence while playing soccer and develop interactions with their teammates
<b>MENTAL</b>	Encourage and acknowledge all the children in order to give them confidence